

Cancer Screening Jog Chart for Clinicians

Screening Guidelines for Men

Patient Name: _____ Chart Number: _____ Date: _____

Colorectal Cancer Screening:

Patient should complete at least one of the following tests on a regular basis starting at age 50.

Mark boxes with 'X' if completed and 'R' if refused.

Colorectal Cancer Screening Tests	Yr1 Date:	Yr2 Date:	Yr3 Date:	Yr4 Date:	Yr5 Date:	Yr6 Date:	Yr7 Date:	Yr8 Date:	Yr9 Date:	Yr10 Date:
FOBT/FIT (yearly)										
Flex. Sigmoidoscopy (every 5 years)	Yr1 Date:					Yr6 Date:				
DC Barium Enema (every 5 years)	Yr1 Date:					Yr6 Date:				
Colonoscopy (every 10 years)	Yr1 Date:									

Prostate Cancer Screening:

Start at **age 45 for African Americans** and **age 50 for average risk men**. Digital rectal exam (DRE) and Prostate-Specific Antigen (PSA) should be **offered** every year. Information should be provided about the benefits and limitations of testing so an informed decision can be made.

Mark boxes with 'X' if completed and 'R' if refused.

Prostate Cancer Screening Tests	Yr1 Date:	Yr2 Date:	Yr3 Date:	Yr4 Date:	Yr5 Date:	Yr6 Date:	Yr7 Date:	Yr8 Date:	Yr9 Date:	Yr10 Date:
PSA (yearly)										
DRE (yearly)										

At time of check-up, also perform examinations for cancer of the thyroid, oral cavity, skin, lymph nodes, and testes.

X – Completed R – Refused P – Pending OP – Outside Physician NS – No Show HD – Health Dept.